

Ophea Conference Participant Rationale Toolkit

An experience YOU can customize to meet YOUR needs!

With a combination of capacity building presentations, interactive sessions, and practical, informative workshops to choose from, delegates always leave Ophea's conference with quality information to use in their work right away, as well as new and exciting ideas to support upcoming priorities.

Meet the Experts

Professional experts in the field from across the province and beyond provide different perspectives through presentations, interactive workshops, and networking events.

An Interactive Experience

Engaging, interactive workshops and sessions that provide hands on, practical tools and strategies that can be implemented immediately in areas such as:

- Innovative approaches of how to teach, assess and evaluate Health and Physical Education (H&PE).
- Priority health-related topics i.e.: well-being, mental health, substance use, injury prevention, and TGfU.
- Policy related to healthy schools and well-being.
- Integrating inclusion principles within health and physical activities.
- Creative ways to develop and maintain health-related fitness.
- Student success and student engagement.
- Safe, supportive, caring learning environments.

Build and Grow

H&PE and well-being presentations and facilitated discussions led by sector experts, provide current information, practical strategies, peer-to-peer sharing time, and discussion opportunities. Information and strategies will be given to support immediate concerns and provide guidance to support long-term solutions.

Share and Collaborate

Networking opportunities with field professionals support shared learning and knowledge exchange, and make for a free-flowing environment of ideas, best practices, and opportunities for collaboration.

New Ideas and Products

The latest programs, equipment and resources are available through the Exhibitor Marketplace.

Letter of Intent

If you need help getting your school, board or organization's support to attend Ophea's conference, below is suggested text for an email or letter.

Dear [Contact],

I would like to attend the 2017 Ophea Conference taking place at the Scotiabank Convention Centre on October 12 and 13 in Niagara Falls. I believe this professional learning opportunity will benefit both [school/organization] and myself. The conference will provide knowledge and practical ideas, tools and strategies from experts in the field which I could apply directly and immediately to my work.

This event builds the capacity of leaders supporting the well-being, health, and learning of children and youth in Ontario schools and communities. Presentation and workshop topics include physical literacy, inclusion, daily physical activity, mental health, and more. For full conference details and to view the agenda visit, conference.ophea.net.

Day 1 of the Ophea Conference is sold out, Day 2 registration fee is only \$345 and includes; interactive workshops, an exhibitor marketplace, breakfast, lunch, and the opportunity to network.

I hope you will support me in attending this event as it will bring tremendous value to [school/ organization] and to my work. Thank you for your consideration.

Sincerely,
[Name]
[Title]